E safety Update

Blackpool Aspire Academy

Safer Internet Day tips and advice:

'Be the change: Unite for a better internet'.

1. Be the change

Make the internet a great place for all. Use the positive power of images and videos to help create a better internet.

2. Be kind

Use images and videos to make a positive impact, and think carefully about the impact on others before you share something online.

3. Be you

Think before you post. What do your images and videos say about you; are you happy with the story you are telling? What you share online could be there forever, can be mis-interpreted and could also reveal personal information about you.

4. Be a digital citizen

Report anything you see online, including images and videos, which are offensive, up-setting or inappropriate. Speak to a trusted adult if something worries you.

5. Be a critical thinker

Seeing is not believing… when you see something online take a moment to see the full picture. Not everything or everyone online can be trusted.

6. Be safe

Never agree to meet up offline with someone you only know online. No matter how friendly they might seem or how well you think you know them, they are still a stranger. Always tell a trusted adult if someone online asks to meet up.

Link: https://www.saferinternet.org.uk/safer-internet-day/2017/tips-children-and-young-people/top-tips-and-advice-11-18s

Blackpool Aspire Academy

Tips and advice for parents and carers

March 2017

1. Be engaged

Talk regularly with your children about how they use technology, and find out what their digital life is like, including how they communicate using images and videos. Perhaps you can start off by discussing your favourite emojis?

2. Be aware

Explore the online features of the devices you already own in your family and the devices you might buy for your child in the future. Knowing how to activate and use parental controls can help protect your child from seeing inappropriate content online.

3. Be there

The most important thing is to ensure that you are there if something goes wrong. Your child might be very embarrassed to discuss the issue they are facing so reassure them that they can turn to you no matter what.

4. Be a digital citizen

Report anything you see online, including images and videos, which are offensive, upsetting or inappropriate. Speak to a trusted adult if something worries you.

5. Be thoughtful

The internet provides a platform for billions of people to share their views and opinions but not everything or everyone online is trustworthy. Encourage your children to think critically about the things they see online including the images and videos they view on social media. Discussing what they have seen and the message behind a photo or a video can help them consider the difference between fact and opinion, and that there is sometimes more than meets the eye.

Link: https://www.saferinternet.org.uk/safer-internet-day/2017/tips-children-and-

For more information about e safety :
- **go to http://www.blackpoolaspireacademy.co.uk**
- **come into school and talk to a member of Student Services**