

E safety Update



April 2015

The internet is always changing, and being able to keep up to date with your children's use of technology can be a challenge, especially if you feel that your children may have better technical skills than you do. However, children and young people still need support and guidance when it comes to managing their lives online and using the internet positively and safely.

A simple and effective way to get involved with your children and their lives online is through discussion. Why not use these conversation starters for parents and carers to get the ball rolling?

Conversation starter ideas:

1. Ask your children to tell you about the sites they like to visit and what they enjoy doing online.
2. Ask them about how they stay safe online. What tips do they have for you, and where did they learn them? What is OK and not OK to share?
3. Ask them if they know where to go for help, where to find the safety advice, privacy settings and how to report or block on the services they use.
4. Encourage them to help. Perhaps they can show you how to do something better online or they might have a friend who would benefit from their help and support.
5. Think about how you use the internet as a family. What could you do to get more out of the internet together and further enjoy your lives online?

In the news...

1. NSPCC– Fight against Porn Zombies

ChildLine has launched the F.A.P.Z. campaign (Fight Against Porn Zombies) to help children and young people who have questions or concerns about pornography. Resources include a series of films looking at myths around pornography and answers to young people's questions around porn.

Link: <http://www.childline.org.uk/Explore/OnlineSafety/Pages/fapz-fight-against-porn-zombies.aspx>

2. NSPCC - Keeping children safe online

The NSPCC has published new advice for parents on how to talk to children about the risks of online pornography and sexually explicit material.

Link: <http://www.nspcc.org.uk/preventing-abuse/keeping-children-safe/online-porn>

3. Youthnet - Youth stress

YouthNet has launched a free mobile app to help young people cope with stress

Link: <http://www.youthnet.org/2015/04/youthnet-launches-free-mobile-app-help-young-people-cope-stress/>

For more information about e safety - go to <http://www.blackpoolaspireacademy.co.uk/>